

Mental Health and Wellness Resource Guide for Residents of Warren & Washington Counties

**Alcohol and Substance Abuse Services
Mental Health Services
Developmental Disabilities Services**



COUNCIL FOR PREVENTION

Promoting Health and Well-Being

MENTAL HEALTH & WELLNESS RESOURCE GUIDE

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2021 Edition



COUNCIL FOR PREVENTION

Promoting Health and Well-Being

The Council for Prevention fosters healthy communities, schools, families, and individuals. The Council supports and encourages collaboration among leaders, professionals, and community members addressing the issues of mental health, substance abuse, disease prevention, treatment, and recovery.

Alcohol and Substance Abuse Services

Community Support Services

Alcoholics Anonymous

Call for meeting information.

(518) 793-1113

<http://www.aa.org>

Council for Prevention, Inc.

Prevention Education

Provides substance abuse prevention activities and trainings throughout Warren and Washington Counties to raise public awareness about alcohol, substance abuse, and suicide prevention. Offers training in mental health first aid, substance abuse, suicide prevention, and Narcan use. Provides information, resources, and programs to schools, community members, individuals, and families.

Challenge Program

Group therapy focusing on outdoor activities and skill building for substance abusing youth, ages 13 – 18. Must be enrolled as a patient at the Center for Recovery in order to participate in the program.

214 Main Street, 2nd Floor, Hudson Falls, NY

(518) 746-1527

<http://www.councilforprevention.org/>

Hope and Healing Recovery Center

A substance free community center for people 18 and older, providing peer driven and peer delivered support services. We embrace all pathways to recovery, exist as a resource hub to make community connections, provide recovery support for individuals and families, foster hope, and help sustain long term recovery. We are here to ask what we can do to help you with your recovery, and bring voices and visibility to recovery for individuals and their families.

2 Maple Street, Hudson Falls, NY

(518) 683-0968

hopeandhealing@councilforprevention.org

Washington County Youth Bureau / Alternative Sentencing

Alcohol and Substance Abuse Services: Provides a free substance use disorder evaluation and treatment recommendations to any resident of Washington County who may be suffering from a Substance Use Disorder and is in need of a resource that can help facilitate treatment engagement that will be most responsive to their needs. Additionally, this program provides substance use disorder evaluations, treatment recommendations and program compliance updates to the Court for individuals court ordered to obtain an evaluation.

Drug/Alcohol Awareness Class: Provides a free drug/alcohol education class for youth who are referred by a court, school, parents etc. This class reviews the harm caused and the consequences of continual use of drugs/alcohol.

383 Broadway, Fort Edward, NY

(518) 746-2330

<https://washingtoncountyny.gov/187/Alcohol-Substance-Abuse-Program>

Inpatient/Detoxification Services

Conifer Park, Inc.

79 Glenridge Road, Schenectady, NY
(518) 399-6446 • 1-800-989-6446
<http://www.coniferpark.com/>

Saint Mary's Hospital

Inpatient Rehabilitation

427 Guy Park Avenue, 3rd Floor, Amsterdam, NY
(518) 841-7321
<http://www.smha.org/services/addiction.cfm>

Saint Peter's Addiction Recovery Center (SPARC)

Inpatient Rehabilitation

3 Mercycare Lane, Guilderland, NY
(518) 452-6700

Inpatient Detoxification

315 South Manning Boulevard, 6 Gabilove, Albany, NY
(518) 525-1303
<http://www.sphcs.org/AddictionRecoverySPARC>

Outpatient Clinic Services

The Addictions Care Center of Albany, Inc.

Provides individual and group treatment through a wide range of New York State OASAS certified clinical services.

115 Ontario Street, Albany, NY

(518) 434-2367

<http://theacca.net/>

Baywood Outpatient Clinic

Offers evaluation and treatment of alcohol and substance abuse including individual and group therapy, education and family support programs. Both onsite and off site counseling services are available. Provides two levels of residential and case management services for persons with a substance use disorder. Community residences are located in Glens Falls. Supportive living apartments are located in Glens Falls. All programs are OASAS certified.

551 Bay Road, Queensbury, NY

10 Lacrosse Street, Hudson Falls, NY

(518) 798-4221

Behavioral Health Services North Center for Recovery

Outpatient clinic offering treatment for alcohol and substance abuse disorders, including psychiatric assessment and treatment for adolescents and adults.

25 Willowbrook Road, Queensbury, NY
(518) 926-7200

340 Main Street, Hudson Falls, NY
(518) 747-8001

<https://bhsn.org/addiction-recovery/recovery-services/>

Conifer Park, Inc.

Offers treatment for alcohol and substance abuse disorders including dual diagnosis treatment, psychiatric assessments, individual and group therapy, and family support and treatment for adults and adolescents.

55 Elm Street, Glens Falls, NY
(518) 793-7273 • 1-800-989-6446

<http://www.coniferpark.com/>

Saint Mary's Hospital

Addiction Services Clinic

76 Guy Park Avenue, Amsterdam, NY
(518) 843-4410

<http://www.smha.org/services/addiction.cfm>

Saint Peter's Addiction Recovery Center (SPARC)

Outpatient clinics offering treatment for substance abuse to adults, adolescents and families. For evaluation information call:

845 Central Avenue, Albany, NY
(518) 482-2455

64 Second Avenue, Albany, NY
(518) 449-5170

55 Mohawk Street, Cohoes, NY
(518) 235-1100

636 New Loudon Road, Latham, NY
(518) 783-5381

2925 Hamburg Street, Schenectady, NY
(518) 357-2909

125 High Rock Avenue, Saratoga, NY
(518) 885-6884

Other Services

Drinking Driver Program

(518) 525-1612

Shelter Plus Care

(518) 449-5170

<http://www.sphcs.org/OutpatientRehabilitation>

Residential Services

The Addictions Care Center of Albany

Safe, supervised housing and recovery programs for men and women who are in the early to later stages of recovery.

90 McCarty Avenue, Building 2, Albany, NY

(518) 434-8083

<http://theacca.net/>

Saint Peter's Addiction Recovery Center (SPARC)

Men's Community Residence

Halfway house designed to treat individuals recovering from alcoholism or drug addiction who need environmental support and guidance to promote ongoing sobriety and healthy living.

64 Second Avenue, Albany, NY

(518) 463-6044

<http://www.sphcs.org/OutpatientRehabilitation>

Transitional Services Association

Hedgerow House

Halfway house designed to treat individuals recovering from alcoholism or drug addiction.

994 Route 67, Ballston Spa, NY

(518) 885-3872

<http://tsa-inc.org/our-programs/hedgerow-house/>

820 River Street, Inc.

Provides two levels of residential and case management services that include a variety of certified residences, supportive living environments, and transitional and independent housing for individuals recovering from substance abuse disorders.

13 Crandall Street Community Residence (for men)

(518) 743-0475

Lawrence Street Supported Apartments

(518) 761-4104

<http://pyhit.com/>

Mental Health Services

Community Support Services

Alliance for Positive Health

Care management to HIV & non HIV individuals. Supportive services include: mental health, housing, transportation to essential appointments, substance use referrals and outreach, counseling and testing.

13 Chester Street, Glens Falls, NY

(518) 743-0703

927 Broadway, Albany, NY

(518) 434-4686

www.allianceforpositivehealth.com

Behavioral Health Services North

Family Support Services

Offers assistance to families of seriously emotionally disturbed children through support groups, respite care, and recreation, sibling support and life skills/supported work program for teens.

25 Willowbrook Road, Queensbury, NY

(518) 926-7100

<http://bhsn.org>

Glens Falls Hospital

Coordinated Children's Services Initiative (CCSI)

Assists in coordinating comprehensive services in the community to reduce out-of-home placements for emotionally disturbed children.

16 Pearl Street, Glens Falls, NY

(518) 926-7240

<http://www.glensfallshospital.org/>

Glens Falls Hospital Health Home

Care Coordination Program

Provides care coordination services to Medicaid funded adults with medical and psychiatric illness to assist with improving their healthcare.

16 Pearl Street, Suites 202-205, Glens Falls, NY

(518) 926-7240 • 1-855-414-4663

<http://www.glensfallshospital.org/>

Office of Community Services for Warren and Washington Counties

Single Point of Access (SPOA)

Process for review of referrals for high-intensity mental health services, including case management and residential services.

230 Maple Street, Suite 1, Glens Falls, NY

(518) 792-7143

<http://warrencountyny.gov/mhcs>

Office of Community Services for Warren & Washington Counties

Assisted Outpatient Treatment (AOT)

Process for investigation and petitioning of court-ordered Assisted Outpatient Treatment (AOT) for certain adults with mental illness who meet the eligibility criteria.

230 Maple Street, Glens Falls, NY

(518) 792-7143

<http://warrencountyny.gov/mhcs>

Parsons Child and Family Center

Home and Community Based Services Waiver (HCBSW)

Program provides intensive in-home services to the families of children with severe emotional disturbances in order to reduce hospitalizations or out-of-home placements.

102 Hackett Boulevard, Albany, NY

(518) 431-1663

<http://www.parsonscenter.org/>

Warren-Washington Association for Mental Health, Inc.

Dual Recovery Program

Offers individual and group support to adults who are recovering from mental health and substance use disorders. Check out www.wwamh.org for a group schedule and more information.

230 Maple Street, Suite 2, Glens Falls, NY

(518) 793-2352

<http://www.wwamh.org/>

Warren-Washington Association for Mental Health, Inc.

Care Coordination Program

Program assists adults and children who have serious mental illness to obtain medical, social, psychosocial, educational, financial and vocational services. Individuals with co-occurring alcohol and/or substance abuse may also be served by this program.

230 Maple Street, Suite 2, Glens Falls, NY

(518) 793-2352

<http://www.wwamh.org/>

Crisis Services

Glens Falls Hospital Emergency Care Center

Emergency and Forensic Consultation Service

Crisis consultations are provided on site 7 days a week, 24 hours a day, 365 days a year.

100 Park Street, Glens Falls, NY

(518) 926-3237

<http://www.glensfallshospital.org/>

Northern Rivers Crisis Services: 518-292-5499

Mobile Crisis Services

Our Mobile Crisis Services teams consist of licensed clinical supervisors and clinicians, family advocates, peer support specialists and case managers. These highly-skilled individuals provide services in the community to assist adults, children/adolescents and their families in order to resolve emotional and behavioral health crisis situations. We strive to prevent unnecessary hospitalization and/or emergency room visits by stabilizing the crisis in the most normalized, least restrictive setting. Mobile Crisis teams function within a continuum of related services throughout the community to build an integrated crisis system that meets the needs of those who utilize our services. Reaching out to us at 518-292-5499 will allow us to provide immediate, live crisis support. When our teams are unavailable, you will be encouraged to reach out to the nearest emergency responders in your county - including 911, your local hospital emergency room or local mental health agency for support. More information is available at: <https://www.parsonscenter.org/mobile-crisis>

Short-Term Crisis Stabilization

Northern Rivers Family of Services offers two short-term, overnight therapeutic crisis stabilization programs for youth ages 5–17 experiencing a period of acute stress, mental health issues, or psychiatric crisis that requires a 24/7 staff-secured (nonhospital) setting. These family-centered programs are designed to equip families and youth with a plan for success at home, in school, and in the community. They offer services for children who do not require acute care, with the primary goal of stabilizing a crisis situation in order to prevent the unnecessary use of a hospital emergency room or a hospital admission. Both residences are located on Academy Road in Albany, New York.

Healy House offers short-term crisis stabilization for youth ages 5-12 years old. North Star offers short-term crisis stabilization for youth ages 12-17. Information about our crisis residence programs can be found at:

<https://www.parsonscenter.org/short-term-crisis-stabilization>

A referral form is available at:

https://www.parsonscenter.org/images/Forms/Short-Term_Crisis_Stabilization_North_Star_Healy_House_Intake_Form.pdf

Parsons Child and Family Center

Home Based Crisis Intervention

The HBCI program is an intensive four to six week in-home service available to families in Warren, Washington and Saratoga counties, HBCI therapists will be on call twenty-four hours a day, seven days a week to help families manage crisis and provide support.

100 Saratoga Blvd., Malta, NY

(518) 527-5089

<http://www.parsonscenter.org/>

Veteran's Crisis Line Website

The Veteran's Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year. Support for deaf and hard of hearing individuals is available.

www.veteranscrisisline.net/

Warren/Washington Homeless Youth Coalition

WAIT House - Help For Homeless Youth

WAIT House Mission - To provide stability to youth who present themselves as homeless. This will be accomplished through the immediate provision of coordinated services; reunification of families where appropriate; the provision of supervised emergency and transitional housing, with the goal of personal responsibility and self-sufficiency.

10-12 Wait Street, Glens Falls, NY

24/7 Phone: (518) 798-4384

<http://www.hycwaithouse.org/>

Warren/Washington Rose House

The Rose House is a self-referral service, which can be accessed through the Peer Warmline, available 24/7. Short-term crisis respite is available for adults (18+) who are experiencing psychiatric and/or emotional distress on a 24/7/365 basis. Stays typically vary from 1-5 days. In addition, we provide community mobile peer support and community based peer support services.

6 Montcalm Street, Glens Falls, NY

(518) 502-1172

<http://rosehouserespice.org/warrenwashington/>

Inpatient Services

Capital District Psychiatric Center

Acute and intermediate inpatient care for adults 18 years or older.

75 New Scotland Avenue, Albany, NY

(518) 549-6000

Ellis Medicine Mental Health Services

Adolescent Treatment Center

Acute inpatient services for adolescents aged 11 to 18 years of age.

1101 Nott Street, Schenectady, NY

(518) 243-4411

Inpatient Care

Acute inpatient services for patients who are 18 years and older.

1101 Nott Street, Schenectady, NY

(518) 243-4224

<http://www.ellismedicine.org/services/mental-health.aspx>

Four Winds Saratoga

Provides comprehensive inpatient and outpatient mental health treatment services for children, adolescents, and adults.

30 Crescent Avenue, Saratoga Springs, NY

(518) 584-3600

<http://www.fourwindshospital.com/>

Glens Falls Hospital

Acute inpatient unit for adults 18 years of age and older.

100 Park Street, Glens Falls, NY

(518) 926-3265

<http://www.glensfallshospital.org/>

Outpatient Clinic Services

Adirondack Psychological Health Services

Services offered include evaluations, consultation, psychotherapy, hypnosis, biofeedback, and pain management.

478 Glen Street, Glens Falls, NY

(518) 792-1410

Adirondack Samaritan Counseling Center

Offers individual and family counseling, as well as anger management for adults and teens.

15 Boulevard, Hudson Falls, NY

(518) 747-2994

<http://www.adirondacksamaritan.org/>

Behavioral Health Services North

Center for Wellbeing

Provides a range of outpatient mental health treatment services for ages 4 and up, including individual, family and group therapy, and psychiatric assessment and treatment utilizing an integrated care model.

25 Willowbrook Road, Queensbury, NY

(518) 926-7100

<https://bhsn.org/mental-health/clinical-services/>

Capital District Psychiatric Center

North Satellite Clinic

Offers individual counseling for children and teenagers, ages 5 to 18.

Hudson Falls High School

80 East LaBarge Street, Hudson Falls, NY

(518) 681-4267

Glen Street Satellite Clinic

Offers individual counseling for children and teenagers, ages 5 to 18.

100 Glen Street, Glens Falls, NY

(518) 223-0788

Catholic Charities

Offers individual and family counseling, as well as counseling and support for victims of domestic violence.

35 Broad Street, Glens Falls, NY

(518) 793-6212

<http://catholiccharitiesusa.org/>

Celtic Counseling Services

Counseling and psychotherapy for individuals, couples, families. Work with people to address personal challenges such as addictions, anger management, anxiety, caregiver needs, depression, trauma, loss, chronic illness, and many other life challenges.

498 Glen Street, Glens Falls, NY

(518) 743-9099

joseph@celticcounseling.net

Ellis Medicine Mental Health Services

Child and Adolescent Outpatient Services

Outpatient mental health program serves patients ages 4 to 18.

624 McClellan Street, Suite 202, 2nd Floor, Schenectady, NY

(518) 382-2271

Outpatient Mental Health Clinic/Personalized Recovery Oriented Services for Adults and Young Adults

Outpatient mental health program serves Medicaid or uninsured patients who are 18 years or older.

1101 Nott Street, Schenectady, NY

(518) 243-3300

<http://www.ellismedicine.org/services/mental-health.aspx>

Four Winds Saratoga

Provides comprehensive inpatient and outpatient mental health treatment services for children, adolescents, and adults.

30 Crescent Avenue, Saratoga Springs, NY

(518) 584-3600

<http://www.fourwindshospital.com/>

Glens Falls VA Clinic

Behavioral Health Care

Behavioral health providers are available for consultation at all our primary care clinics. Brief individual and group treatments focus on health and wellness promotion, early identification, quick resolution of problems & long-term problem prevention. Medication management and other specialty services are available by referral or telemedicine equipment. For more information contact your primary care team.

Smoking Cessation

The Clinic offers the QuitSmart® smoking cessation program — an innovative service that combines the best of behavioral and medication treatments in a group format.

101 Ridge Street, Glens Falls, NY

(518) 798-6066

Greenwich Regional Medical Center

Offers a range of health services and social worker for mental health.

1134 NY29, Greenwich, NY

(518) 692-9861

Hudson Headwaters Health Network

Offers a range of pediatric, adult, and geriatric behavioral health services - including mental health screenings to identify patients at risk, psychiatric evaluations, medication management, counseling and case management, as an extension of primary care services for network patients. Call your Hudson Headwaters Health Center for more information.

Bolton Health Center	(518) 644-9471	North Country Family Health (Champlain)....	(518) 298-2691
Chester-Horicon Health Center	(518) 494-2761	North Country OB/GYN (Glens Falls)	(518) 792-7841
Fort Edward Kingsbury Health Center	(518) 824-8630	Queensbury Family Health	(518) 798-6400
Health Center on Broad St. (Glens Falls)	(518) 792-2223	Schroon Lake Health Center	(518) 532-7120
Indian Lake Health Center	(518) 648-5707	Ticonderoga Health Center	(518) 585-6708
Moreau Family Health	(518) 761-6961	Warrensburg Health Center	(518) 623-2844
Moriah Health Center	(518) 942-7123	West Mountain Primary Care (Queensbury)	(518) 824-8610
North Creek Health Center	(518) 251-2541		

<http://www.hhhn.org/>

Oakwise Counseling

Oakwise Counseling provides mental health counseling and related addiction recovery services in the Glens Falls and Saratoga Springs, New York area. Our mission is to aid clients in identifying areas in which they'd like to improve their lives and help them learn the skills to do so.

333 Glen Street, Suite 200E, Glens Falls, NY

(518) 490-9473

bryan@oakwisecounseling.com

Psychotherapy Center

Offers a range of psychiatric and psychotherapy health services which includes evaluations, consultations, and counseling.

597 Bay Road, Queensbury, NY

(518) 793-1160

Psychological Associates

Offers a range of psychological health services which includes evaluations, consultation, and counseling.

551 Bay Road, Queensbury, NY

(518) 798-4056

Saratoga Psychological Associates

Offers a range of psychological health services which includes evaluations, consultation, and counseling.

1 West Avenue, Suite 205, Saratoga Springs, NY

(518) 587-0499

632 Plank Road, Clifton Park, NY

(518) 587-0499

50 Century Drive, Latham, NY

(518) 783-1063

711 Troy Schenectady Road, Latham, NY

(518) 783-1063

<http://www.saratogapsych.com/>

St. Anne Institute

Provides specialized evaluation and services, including family, individual, and group treatment.

77 Main Street, Hudson Falls, NY

(518) 747-7561

Intake and referral: (518) 437-6619

<http://stanneinstitute.com/>

True North

Adult psychiatric services. Family therapy, child, teen groups, womens groups, workshops/classes.

499 Glen Street, Glens Falls, NY

(518) 798-9187

<http://www.truenorthat499glen.com>

Turning Leaf Counseling SVCS

Counseling services for children, teens, adults, families and couples. Delivering individualized holistic treatment to each of our patients using treatment modalities that best fit each client's needs. Specialize in depression, anxiety, trauma, PTSD, relationship and family issues.

5 Warren Street #209, Glens Falls, NY

(518) 338-3117

Turningleafcounselingsvcs.com

Warren-Washington Association for Mental Health, Inc.

Caleo Counseling Services

Clinic provides children, adolescents and adults with a range of outpatient mental health services.

3043 State Route 4, Hudson Falls, NY

(518) 747-8243

<http://www.wwamh.org/>

Residential Services

Parsons Child and Family Center

Miriam House

Community residence serves adolescents ages 12-17, focusing on the development of life skills and preparation for community living.

64 Academy Road, Albany, NY

(518) 426-2625

<http://www.parsonscenter.org/>

Warren-Washington Association for Mental Health, Inc.

Residential programs include licensed and transitional group homes and single site and scattered site apartments programs. Permanent housing is available through the Supported Housing Program and assists adults in locating and maintaining their own permanent housing. The Housing First Program provides permanent apartments to homeless individuals in an 18 unit apartment building.

3043 State Route 4, Hudson Falls, NY

(518) 747-2284

<http://www.wwamh.org/>

Social/Recreational Programs

Behavioral Health Services North

Family Support Services

Offers assistance to families of seriously emotionally disturbed children through support groups, respite care, and recreation, sibling support and life skills/supported work program for teens.

25 Willowbrook Road, Queensbury, NY

(518) 926-7100

<https://bhsn.org/>

Warren-Washington Association for Mental Health, Inc.

East Side Center

Adult psychiatric rehabilitation program supports personal growth in various areas of life. Well-being and rehabilitation are supported through vocational and pre-vocational programs, supportive counseling, recreation and socialization activities, educational training, and health workshops.

230 Maple Street, Glens Falls, NY

(518) 793-4799

<http://www.wwamh.org/>

Vocational Services

Community, Work and Independence (CWI)

Competitive Edge

Full service employment agency specializes in job placement and job retention services for individuals with disabilities.

10 Harlem Street, Glens Falls, NY

(518) 793-4700

<http://www.cwinc.org/>

Liberty House Foundation

Psychiatric and vocational rehabilitation program utilizes the club house model to serve mentally ill and developmentally disabled individuals.

54 Bay Street, Glens Falls, NY

(518) 798-1066

<http://www.libertyhousefoundation.net/>

Northeast Career Planning

Provides vocational evaluations, counseling, and job placements, support and job retention services for individuals with disabilities or barriers to employment.

16 Pearl Street, Suite 208, Glens Falls, NY

(518) 812-0280

<http://www.northeastcareer.org/>

Warren-Washington Association for Mental Health

Project C.H.O.I.C.E. (Creating Healthy Opportunities for Individual Choices in Employment)

Twelve-week vocational program assists individuals in making important decisions about working. Time is spent taking stock of personal values and characteristics that have a significant impact on success in the workplace. Work preferences are examined to help individuals make choices that are likely to lead to satisfaction and success.

230 Maple Street, Glens Falls, NY

(518) 793-4799

<http://www.wwamh.org/>

Developmental Disabilities Services

AIM Services, Inc.

Dedicated to supporting the “power of potential” in people with disabilities.

4227 Route 50, Saratoga Springs, NY

(518) 587-3208

<http://www.aim-services.blogspot.com/>

NYSARC, Inc. – Warren, Washington, Albany Counties Chapter

Provides residential services, day program services, service coordination, parent/family advocacy training, respite services, employment opportunities and community-based Medicaid waiver services to individuals with intellectual and other disabilities in Warren, Washington, and Albany Counties.

436 Quaker Road, Queensbury, NY

(518) 793-4204

<http://www.wwarc.org/wwarc.org/Welcome.html>

Battenkill Community Services

Provides day habilitation, respite, and supported employment.

2549 State Route 40, Greenwich, NY

(518) 692-2819

Capital District DDSO

Provides housing and residential services, clinic treatment, day programs, service coordination, home and community-based waiver services, parent advocacy and training, family support, employment programs, and adaptive equipment.

3 Care Lane, Saratoga Springs, NY (Saratoga County)

(518) 583-2810

100 Glen Street, Suite 2D, Glens Falls, NY (Warren/Washington Counties)

(518) 743-0158

Catholic Charities Disabilities Services

Provides residential services, in-home waiver services and support, service coordination, in-home respite, innovative day services, and specialized services for individuals with Prader-Willi Syndrome. Service coordination to individuals with traumatic brain injuries is also available.

1 Park Place, Suite 200, Albany, NY

(518) 783-1111

<http://ccdservices.org/>

Center for Disability Services

Provides service coordination.

314 South Manning Boulevard, Albany, NY

(518) 437-5700

<http://www.cfdsnny.org/htmlweb/cfdshome2.html>

Community, Work, and Independence, Inc. (CWI)

Provides day programs, service coordination, employment programs, transitional services, clinical services, home and community-wavier services, family support, respite, residential services and assistance accessing adaptive equipment.

PO Box 303, 37 Everts Avenue, Glens Falls, NY

(518) 793-4700

<http://www.cwinc.org/>

Epilepsy Foundation of Northeastern NY

Provides information and referral, service coordination, advocacy, counseling, and school and community education.

Three Washington Square, Albany, NY

(518) 456-7501

<http://old.epilepsyfoundation.org/local/efneny/#.UpYdnVp3vcs>

Southern Adirondack Independent Living Center (SAIL)

Empowers individuals with disabilities by promoting independence, dignity, access, and respect. Provides advocacy, peer monitoring, equipment loans, accessibility counseling, computer training, and health insurance counseling.

71 Glenwood Avenue, Glens Falls, NY

(518) 792-3537

<http://www.sail-center.org/>

Liberty House Foundation

Provides day programs and employment assistance.

54 Bay Street, Glens Falls, NY

(518) 798-1066

<http://www.libertyhousefoundation.net/>

Prospect Center

Licensed diagnostic and treatment center and fully accredited educational facility offering multi-faceted services for at-risk and developmentally disabled individuals. Services provided include a range of medical, educational, early intervention, residential, family support and evaluation services.

133 Aviation Road, Queensbury, NY

(518) 798-0170

<http://www.prospectcenter.com/>

Vanderheyden, Inc.

Provides housing and residential services, educational services, service coordination, family support, respite, and camp/recreation programs.

P.O. Box 219, Wynantskill, NY

(518) 283-6500

<https://www.vanderheydenhall.org/index.php>

Wildwood Programs, Inc.

Provides day programs, educational services, service coordination, home and community-based waiver services, parent advocacy and training, family support, camp/recreation programs, and adaptive equipment. Also provides services for individuals with traumatic brain injuries.

2995 Curry Road Extension, Schenectady, NY

(518) 836-2300

<http://www.wildwood.edu/>

On the Web

American Academy of Child & Adolescent Psychiatry: www.aacap.org

American Psychological Association: www.apa.org

Center for Disease Control: www.cdc.gov

Geriatric Mental Health Alliance of New York: www.mhawestchester.org/advocates/geriatrhome.asp

Mental Health America: www.NHMA.org

Mental Health Association in New York State, Inc.: www.mhanys.org

Missing and Exploited Children: www.missingkids.com

National Alliance on Mental Illness: www.nami.org

National Council for Community Behavioral Health: www.thenationalcouncil.org

National Institute of Mental Health: www.nimh.nih.gov

New York State Office of Mental Health: www.omh.ny.gov

New York State Office of Alcoholism & Substance Abuse Services: www.oasas.ny.gov

New York State Office for People with Developmental Disabilities: www.opwdd.ny.gov

Statewide Caregiving & Respite Coalition of New York: www.scrny.org

Substance Abuse and Mental Health Services Administration: www.samhsa.gov

Suicide Prevention Center of New York: www.preventsuicideny.org

Veteran's Crisis Line Website: www.veteranscrisisline.net

By Phone

Alliance for Positive Health: (518) 743-0703

Al-Anon/Alateen Hotline (for young people who are the relatives and friends of problem drinkers): 1-800-344-2666

Glens Falls VA Primary Care Clinic: (518) 798-6066

National Association for Children of Alcoholics: 1-888-55-4COAS

National Child Abuse Hotline: 1-800-799-7233

National Runaway Hotline: 1-800-621-4000

NYS Domestic Violence Hotline: 1-800-942-6906

OASAS New York State HOPEline- 1-877-8-HOPENY

Sexual Assault & Abuse Hotline: 1-800-656-HOPE (4673)

Suicide Prevention Hotline: 1-800-273-TALK (8255) Veteran's Press 1

United Way Northeast Region: 211

Upstate New York Poison Center: 1-800-222-1222

Warren County Sheriff: (518) 743-2500

Messaging

Veteran's Crisis Line: Text to 838255

Need Further Guidance?

Contact the Council for Prevention, Inc. at (518) 746-1527

**The Mental Health & Wellness Resource Guide was revised
by the Council for Prevention, Inc.**

**For additional copies, please call (518) 746-1527 or
email allisonreynolds@councilforprevention.org**



COUNCIL FOR PREVENTION

Promoting Health and Well-Being